

“Relationships: Community connections and networks we all have”

“If you feel you have control, it makes you independent”

“People’s own Values / Skills / Strengths”

“Abilities”

“Building resilience”

“Not having things done to people”



WHAT IS AN ASSET-BASED APPROACH?

QUOTES FROM EMBRACE MEMBERS

“We all work together: Staff and Service users – we are all good team players”

“Do what you can and learn from others to grow”

“Supporting to identify assets”

“Being proactive rather than reactive”

“Increasing everyone’s self-esteem/ confidence”